



# Time Table

Term 1, 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		L1 Course/Casual 6.30 - 8am	L2 Course/Casual 6.30 - 8am			
M&B's Course/Casual 9.30-10.30am	L1 Course/Casual 9.30 - 11.00am				PRE-NATAL Course/Casual 9.30-10.45am	L1 CASUAL 9.30 - 11am
						Beginners CASUAL 11.15 - 12.30am
L1 Course/Casual 6 - 7.30pm	Beginners Course/Casual 6 - 7.15pm	Beginners Course/Casual 6 - 7.15pm	L1-2 Course/Casual 6 - 7.30pm			
Beginners Course/Casual 7.45 - 9pm	L1-2 Course/Casual 7.30 - 9pm	L1 Course/Casual 7.30 - 9pm	Beginners Course/Casual 7.45 - 9pm			

## Term 1, 2012

Term 1, 2012, Monday 30th January - Thursday 5th April

### COURSE/CASUAL CLASSES

Enrolled in Course (10 weeks)

Beginners (1.25hrs) \$160/130 full/concession  
 Level 1, 1-2 (1.5hrs) \$170/140 full/concession  
 Level 2 (1.75hrs) \$180/150 full/concession

To enrol go to [www.geelongyoga.com](http://www.geelongyoga.com) click on 'Enrolment'  
 Note: if you enrolling in a 2nd course you pay the concession rate

### CASUAL ATTENDANCE

**Must have completed a course previously or have suitable experience.**

Beginners \$19/16 full/concession  
 Level 1,1-2 \$20/17 full/concession  
 Level 2 \$21/18 full/concession

note : if enrolled in a course you can attend additional classes 'casually' at concession rate

### SUNDAY CASUAL CLASSES

**Continue throughout the year (ie no term breaks)**

Beginners 11.15am class - Open to those with NO experience  
 Prices as above OR 1st 'trial' class FREE !

### RETREATS/SPECIAL EVENTS

Geelong City Yoga regularly runs speciality classes including workshops for cyclists and other elite athletes. We also regularly conduct events such as rejuvenating 3-day Yoga retreats in the beautiful Otway Ranges.

For information on these classes and events please visit the website's 'Upcoming Events' page or contact the school.